









What is a personal budget?

"A **personal budget** is a finance <u>plan</u> that allocates future **personal** income towards expenses, savings and debt repayment."

## Benefits of personal budgeting

- 1. Gives you control.
- 2. Keeps you focused on your money goals.
- 3. Creates awareness of where money goes.
- 4. Builds better money habits.
- 5. Helps manage debt levels.
- 6. Helps you achieve your wealth goals.
- 7. Acts as an early warning system.
- 8. Becomes a communication tool.
- 9. Provides you with more money (if you stick to it).
- 10. Ultimately, gives you a better life.



### 8

7

# Why people avoid personal budgeting

- 1. It's extra work to set up and monitor.
- 2. They hear the word "budget" and think "bread and water".
- 3. They don't know how to prepare one.
- 4. Fear of putting the subject of money on the table.
- 5. Fear of what they'll find.
- 6. Pride "I don't need one".
  7. Laziness.



Completing the Personal Budget Template Personal Budget for the year ending: 31 Aug 2021 Name: Ken and Sue Smith





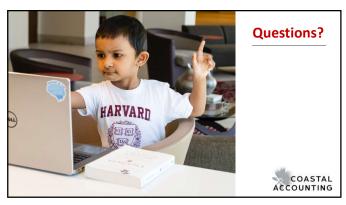
# Your next steps

- Focus on the benefits
- Set an Annual Personal Budget
- Focus on what you CAN control
- Get support from us if you need it

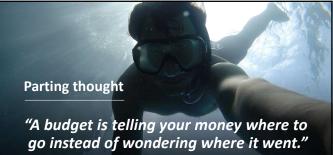


13









- Dave Ramsay

